

附件：

2022

游泳项目考试方法与评分标准

(一) 各小项需求次序表

| 项目 | 需求次序 |
|-------------|------|
| 女子蛙泳(100米) | 1 |
| 女子蝶泳(100米) | 2 |
| 女子自由泳(100米) | 3 |
| 女子仰泳(100米) | 4 |
| 女子混合泳(200米) | 5 |
| 女子蛙泳(200米) | 6 |
| 女子蝶泳(200米) | 7 |
| 女子自由泳(200米) | 8 |
| 女子仰泳(200米) | 9 |
| 女子混合泳(400米) | 10 |
| 女子自由泳(400米) | 11 |
| 女子自由泳(50米) | 12 |
| 男子混合泳(400米) | 13 |
| 男子自由泳(100米) | 14 |
| 男子蝶泳(100米) | 15 |
| 男子仰泳(100米) | 16 |
| 男子蛙泳(100米) | 17 |
| 男子蝶泳(200米) | 18 |
| 男子仰泳(200米) | 19 |
| 男子蛙泳(200米) | 20 |
| 男子自由泳(200米) | 21 |
| 男子自由泳(400米) | 22 |
| 男子混合泳(200米) | 23 |

| | |
|--------------|----|
| 男子自由泳(50米) | 24 |
| 男子自由泳(800米) | 25 |
| 女子自由泳(800米) | 26 |
| 男子自由泳(1500米) | 27 |
| 女子自由泳(1500米) | 28 |

(二) 考试方法与评分标准按照国家体育总局制定的最新版《普通高等学校运动训练、武术与民族传统体育专业体育专项考试方法与评分标准》执行。

1. 考核指标与所占分值

类别：实战能力

考核指标：专项

分值：100分

2. 考试方法与评分标准

(1) 考生须在自由泳(50米、100米、200米、400米、800米、1500米)，仰泳(100米、200米)，蛙泳(100米、200米)，蝶泳(100米、200米)和混合泳(200米、400米)中选择一个项目进行考试。

(2) 考试采用一次性决赛，使用电动计时或手计时计取成绩，参照评分标准换算成得分。使用手计时，每道须由三名计时员计取成绩，所计成绩的中间值或相同值为最终成绩。

(3) 所有项目均按中国游泳协会审定的最新游泳竞赛规则执行。执行此标准池长要求为符合国家规定标准的50米池，误差范围为+0.03米，-0.00米。安装自动计时装置触板后，误差不得超出此范围。

3. 评分标准：见表 13-1~表 13-4

表 13-1 男子自由泳评分表 (50 米池)

| 分值 | 50 米自 | 100 米自 | 200 米自 | 400 米自 | 800 米自 | 1500 米自 |
|--------|-------|--------|---------|---------|---------|----------|
| 100.00 | 23.28 | 51.50 | 1:51.55 | 3:58.60 | 8:24.00 | 16:00.30 |
| 99.50 | 23.34 | 51.70 | 1:52.12 | 3:59.72 | 8:25.90 | 16:04.29 |
| 99.00 | 23.40 | 51.90 | 1:52.69 | 4:00.84 | 8:27.80 | 16:08.27 |
| 98.50 | 23.46 | 52.10 | 1:53.27 | 4:01.96 | 8:29.70 | 16:12.26 |
| 98.00 | 23.52 | 52.30 | 1:53.84 | 4:03.08 | 8:31.60 | 16:16.24 |
| 97.50 | 23.59 | 52.50 | 1:54.41 | 4:04.20 | 8:33.50 | 16:20.23 |
| 97.00 | 23.65 | 52.70 | 1:54.99 | 4:05.32 | 8:35.40 | 16:24.21 |
| 96.50 | 23.71 | 52.90 | 1:55.56 | 4:06.44 | 8:37.30 | 16:28.20 |
| 96.00 | 23.77 | 53.10 | 1:56.13 | 4:07.56 | 8:39.20 | 16:32.18 |
| 95.50 | 23.83 | 53.30 | 1:56.70 | 4:08.68 | 8:41.10 | 16:36.17 |
| 95.00 | 23.89 | 53.50 | 1:57.28 | 4:09.80 | 8:43.00 | 16:40.15 |
| 94.50 | 23.95 | 53.70 | 1:57.85 | 4:10.92 | 8:44.90 | 16:44.14 |
| 94.00 | 24.01 | 53.90 | 1:58.42 | 4:12.04 | 8:46.80 | 16:48.12 |
| 93.50 | 24.07 | 54.10 | 1:58.99 | 4:13.16 | 8:48.70 | 16:52.11 |
| 93.00 | 24.13 | 54.30 | 1:59.57 | 4:14.28 | 8:50.60 | 16:56.09 |
| 92.50 | 24.20 | 54.50 | 2:00.14 | 4:15.40 | 8:52.50 | 17:00.08 |
| 92.00 | 24.26 | 54.70 | 2:00.71 | 4:16.52 | 8:54.40 | 17:04.06 |
| 91.50 | 24.32 | 54.90 | 2:01.28 | 4:17.64 | 8:56.30 | 17:08.05 |
| 91.00 | 24.38 | 55.10 | 2:01.86 | 4:18.76 | 8:58.20 | 17:12.03 |
| 90.50 | 24.44 | 55.30 | 2:02.43 | 4:19.88 | 9:00.10 | 17:16.02 |
| 90.00 | 24.50 | 55.50 | 2:03.00 | 4:21.00 | 9:02.00 | 17:20.00 |
| 89.50 | 24.58 | 55.74 | 2:03.50 | 4:22.12 | 9:04.25 | 17:24.37 |
| 89.00 | 24.65 | 55.98 | 2:04.00 | 4:23.25 | 9:06.50 | 17:28.75 |
| 88.50 | 24.73 | 56.21 | 2:04.50 | 4:24.37 | 9:08.75 | 17:33.12 |

| 分值 | 50 米自 | 100 米自 | 200 米自 | 400 米自 | 800 米自 | 1500 米自 |
|-------|-------|---------|---------|---------|---------|----------|
| 88.00 | 24.80 | 56.45 | 2:05.00 | 4:25.50 | 9:11.00 | 17:37.50 |
| 87.50 | 24.88 | 56.69 | 2:05.50 | 4:26.62 | 9:13.25 | 17:41.88 |
| 87.00 | 24.95 | 56.93 | 2:06.00 | 4:27.75 | 9:15.50 | 17:46.25 |
| 86.50 | 25.03 | 57.16 | 2:06.50 | 4:28.87 | 9:17.75 | 17:50.63 |
| 86.00 | 25.10 | 57.40 | 2:07.00 | 4:30.00 | 9:20.00 | 17:55.00 |
| 85.50 | 25.18 | 57.64 | 2:07.50 | 4:31.12 | 9:22.25 | 17:59.38 |
| 85.00 | 25.25 | 57.88 | 2:08.00 | 4:32.25 | 9:24.50 | 18:03.75 |
| 84.50 | 25.33 | 58.11 | 2:08.50 | 4:33.37 | 9:26.75 | 18:08.13 |
| 84.00 | 25.40 | 58.35 | 2:09.00 | 4:34.50 | 9:29.00 | 18:12.50 |
| 83.50 | 25.48 | 58.59 | 2:09.50 | 4:35.62 | 9:31.25 | 18:16.88 |
| 83.00 | 25.55 | 58.83 | 2:10.00 | 4:36.75 | 9:33.50 | 18:21.25 |
| 82.50 | 25.63 | 59.06 | 2:10.50 | 4:37.87 | 9:35.75 | 18:25.63 |
| 82.00 | 25.70 | 59.30 | 2:11.00 | 4:39.00 | 9:38.00 | 18:30.00 |
| 81.50 | 25.78 | 59.54 | 2:11.50 | 4:40.12 | 9:40.25 | 18:34.38 |
| 81.00 | 25.85 | 59.78 | 2:12.00 | 4:41.25 | 9:42.50 | 18:38.75 |
| 80.50 | 25.93 | 1:00.01 | 2:12.50 | 4:42.37 | 9:44.75 | 18:43.13 |
| 80.00 | 26.00 | 1:00.25 | 2:13.00 | 4:43.50 | 9:47.00 | 18:47.50 |
| 79.50 | 26.08 | 1:00.49 | 2:13.50 | 4:44.62 | 9:49.25 | 18:51.88 |
| 79.00 | 26.15 | 1:00.73 | 2:14.00 | 4:45.75 | 9:51.50 | 18:56.25 |

表 13-2 男子仰泳、蛙泳、蝶泳、混合泳评分表 (50 米池)

| 分值 | 100 米仰 | 200 米仰 | 100 米蛙 | 200 米蛙 | 100 米蝶 | 200 米蝶 | 200 米混 | 400 米混 |
|--------|---------|---------|---------|---------|---------|---------|---------|---------|
| 100.00 | 58.45 | 2:06.45 | 1:03.80 | 2:21.90 | 55.45 | 2:02.70 | 2:08.20 | 4:31.20 |
| 99.50 | 58.73 | 2:07.03 | 1:04.16 | 2:22.55 | 55.68 | 2:03.27 | 2:08.74 | 4:32.55 |
| 99.00 | 59.01 | 2:07.61 | 1:04.52 | 2:23.21 | 55.91 | 2:03.83 | 2:09.28 | 4:33.91 |
| 98.50 | 59.28 | 2:08.18 | 1:04.88 | 2:23.86 | 56.13 | 2:04.39 | 2:09.82 | 4:35.26 |
| 98.00 | 59.56 | 2:08.76 | 1:05.24 | 2:24.52 | 56.36 | 2:04.96 | 2:10.36 | 4:36.62 |
| 97.50 | 59.84 | 2:09.34 | 1:05.60 | 2:25.18 | 56.59 | 2:05.52 | 2:10.90 | 4:37.97 |
| 97.00 | 1:00.12 | 2:09.92 | 1:05.96 | 2:25.83 | 56.82 | 2:06.09 | 2:11.44 | 4:39.33 |
| 96.50 | 1:00.39 | 2:10.49 | 1:06.32 | 2:26.49 | 57.04 | 2:06.65 | 2:11.98 | 4:40.68 |
| 96.00 | 1:00.67 | 2:11.07 | 1:06.68 | 2:27.14 | 57.27 | 2:07.22 | 2:12.52 | 4:42.04 |
| 95.50 | 1:00.95 | 2:11.65 | 1:07.04 | 2:27.80 | 57.50 | 2:07.78 | 2:13.06 | 4:43.39 |
| 95.00 | 1:01.23 | 2:12.22 | 1:07.40 | 2:28.45 | 57.73 | 2:08.35 | 2:13.60 | 4:44.75 |
| 94.50 | 1:01.50 | 2:12.80 | 1:07.76 | 2:29.11 | 57.95 | 2:08.91 | 2:14.14 | 4:46.10 |
| 94.00 | 1:01.78 | 2:13.38 | 1:08.12 | 2:29.76 | 58.18 | 2:09.48 | 2:14.68 | 4:47.46 |
| 93.50 | 1:02.06 | 2:13.96 | 1:08.48 | 2:30.42 | 58.41 | 2:10.04 | 2:15.22 | 4:48.81 |
| 93.00 | 1:02.34 | 2:14.53 | 1:08.84 | 2:31.07 | 58.64 | 2:10.61 | 2:15.76 | 4:50.17 |
| 92.50 | 1:02.61 | 2:15.11 | 1:09.20 | 2:31.73 | 58.86 | 2:11.17 | 2:16.30 | 4:51.52 |
| 92.00 | 1:02.89 | 2:15.69 | 1:09.56 | 2:32.38 | 59.09 | 2:11.74 | 2:16.84 | 4:52.88 |
| 91.50 | 1:03.17 | 2:16.27 | 1:09.92 | 2:33.03 | 59.32 | 2:12.30 | 2:17.38 | 4:54.23 |
| 91.00 | 1:03.45 | 2:16.84 | 1:10.28 | 2:33.69 | 59.55 | 2:12.87 | 2:17.92 | 4:55.59 |
| 90.50 | 1:03.72 | 2:17.42 | 1:10.64 | 2:34.35 | 59.77 | 2:13.43 | 2:18.46 | 4:56.94 |
| 90.00 | 1:04.00 | 2:18.00 | 1:11.00 | 2:35.00 | 1:00.00 | 2:14.00 | 2:19.00 | 4:58.30 |
| 89.50 | 1:04.25 | 2:18.58 | 1:11.23 | 2:35.47 | 1:00.28 | 2:14.60 | 2:19.53 | 4:59.12 |
| 89.00 | 1:04.50 | 2:19.15 | 1:11.45 | 2:35.95 | 1:00.55 | 2:15.20 | 2:20.05 | 4:59.93 |
| 88.50 | 1:04.75 | 2:19.72 | 1:11.68 | 2:36.43 | 1:00.83 | 2:15.80 | 2:20.58 | 5:00.75 |

| 分值 | 100 米仰 | 200 米仰 | 100 米蛙 | 200 米蛙 | 100 米蝶 | 200 米蝶 | 200 米混 | 400 米混 |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| 88.00 | 1:05.00 | 2:20.30 | 1:11.90 | 2:36.90 | 1:01.10 | 2:16.40 | 2:21.10 | 5:01.57 |
| 87.50 | 1:05.25 | 2:20.87 | 1:12.13 | 2:37.38 | 1:01.38 | 2:17.00 | 2:21.63 | 5:02.39 |
| 87.00 | 1:05.50 | 2:21.45 | 1:12.35 | 2:37.85 | 1:01.65 | 2:17.60 | 2:22.15 | 5:03.20 |
| 86.50 | 1:05.75 | 2:22.02 | 1:12.58 | 2:38.32 | 1:01.93 | 2:18.20 | 2:22.68 | 5:04.02 |
| 86.00 | 1:06.00 | 2:22.60 | 1:12.80 | 2:38.80 | 1:02.20 | 2:18.80 | 2:23.20 | 5:04.84 |
| 85.50 | 1:06.25 | 2:23.18 | 1:13.03 | 2:39.28 | 1:02.48 | 2:19.40 | 2:23.73 | 5:05.66 |
| 85.00 | 1:06.50 | 2:23.75 | 1:13.25 | 2:39.75 | 1:02.75 | 2:20.00 | 2:24.25 | 5:06.47 |
| 84.50 | 1:06.75 | 2:24.32 | 1:13.48 | 2:40.23 | 1:03.03 | 2:20.60 | 2:24.78 | 5:07.29 |
| 84.00 | 1:07.00 | 2:24.90 | 1:13.70 | 2:40.70 | 1:03.30 | 2:21.20 | 2:25.30 | 5:08.11 |
| 83.50 | 1:07.25 | 2:25.48 | 1:13.93 | 2:41.18 | 1:03.58 | 2:21.80 | 2:25.83 | 5:08.93 |
| 83.00 | 1:07.50 | 2:26.05 | 1:14.15 | 2:41.65 | 1:03.85 | 2:22.40 | 2:26.35 | 5:09.74 |
| 82.50 | 1:07.75 | 2:26.62 | 1:14.38 | 2:42.13 | 1:04.13 | 2:23.00 | 2:26.88 | 5:10.56 |
| 82.00 | 1:08.00 | 2:27.20 | 1:14.60 | 2:42.60 | 1:04.40 | 2:23.60 | 2:27.40 | 5:11.38 |
| 81.50 | 1:08.25 | 2:27.78 | 1:14.83 | 2:43.08 | 1:04.68 | 2:24.20 | 2:27.93 | 5:12.20 |
| 81.00 | 1:08.50 | 2:28.35 | 1:15.05 | 2:43.55 | 1:04.95 | 2:24.80 | 2:28.45 | 5:13.01 |
| 80.50 | 1:08.75 | 2:28.93 | 1:15.28 | 2:44.03 | 1:05.23 | 2:25.40 | 2:28.98 | 5:13.83 |
| 80.00 | 1:09.00 | 2:29.50 | 1:15.50 | 2:44.50 | 1:05.50 | 2:26.00 | 2:29.50 | 5:14.65 |
| 79.50 | 1:09.25 | 2:30.08 | 1:15.73 | 2:44.98 | 1:05.78 | 2:26.60 | 2:30.03 | 5:15.47 |
| 79.00 | 1:09.50 | 2:30.65 | 1:15.95 | 2:45.45 | 1:06.05 | 2:27.20 | 2:30.55 | 5:16.28 |

表 13-3 女子自由泳评分表 (50 米池)

| 分值 | 50 米自 | 100 米自 | 200 米自 | 400 米自 | 800 米自 | 1500 米自 |
|--------|-------|---------|---------|---------|---------|----------|
| 100.00 | 25.85 | 56.30 | 2:01.20 | 4:15.80 | 8:53.40 | 17:14.00 |
| 99.50 | 25.92 | 56.61 | 2:01.89 | 4:17.21 | 8:55.83 | 17:18.05 |
| 99.00 | 25.99 | 56.92 | 2:02.58 | 4:18.62 | 8:58.26 | 17:22.10 |
| 98.50 | 26.05 | 57.23 | 2:03.27 | 4:20.03 | 9:00.69 | 17:26.15 |
| 98.00 | 26.12 | 57.54 | 2:03.96 | 4:21.44 | 9:03.12 | 17:30.20 |
| 97.50 | 26.19 | 57.85 | 2:04.65 | 4:22.85 | 9:05.55 | 17:34.25 |
| 97.00 | 26.26 | 58.16 | 2:05.34 | 4:24.26 | 9:07.98 | 17:38.30 |
| 96.50 | 26.32 | 58.47 | 2:06.03 | 4:25.67 | 9:10.41 | 17:42.35 |
| 96.00 | 26.39 | 58.78 | 2:06.72 | 4:27.08 | 9:12.84 | 17:46.40 |
| 95.50 | 26.46 | 59.09 | 2:07.41 | 4:28.49 | 9:15.27 | 17:50.45 |
| 95.00 | 26.53 | 59.40 | 2:08.10 | 4:29.90 | 9:17.70 | 17:54.50 |
| 94.50 | 26.59 | 59.71 | 2:08.79 | 4:31.31 | 9:20.13 | 17:58.55 |
| 94.00 | 26.66 | 1:00.02 | 2:09.48 | 4:32.72 | 9:22.56 | 18:02.60 |
| 93.50 | 26.73 | 1:00.33 | 2:10.17 | 4:34.13 | 9:24.99 | 18:06.65 |
| 93.00 | 26.80 | 1:00.64 | 2:10.86 | 4:35.54 | 9:27.42 | 18:10.70 |
| 92.50 | 26.86 | 1:00.95 | 2:11.55 | 4:36.95 | 9:29.85 | 18:14.75 |
| 92.00 | 26.93 | 1:01.26 | 2:12.24 | 4:38.36 | 9:32.28 | 18:18.80 |
| 91.50 | 27.00 | 1:01.57 | 2:12.93 | 4:39.77 | 9:34.71 | 18:22.85 |
| 91.00 | 27.07 | 1:01.88 | 2:13.62 | 4:41.18 | 9:37.14 | 18:26.90 |
| 90.50 | 27.13 | 1:02.19 | 2:14.31 | 4:42.59 | 9:39.57 | 18:30.95 |
| 90.00 | 27.20 | 1:02.50 | 2:15.00 | 4:44.00 | 9:42.00 | 18:35.00 |
| 89.50 | 27.31 | 1:02.76 | 2:15.60 | 4:45.55 | 9:45.50 | 18:42.75 |
| 89.00 | 27.42 | 1:03.02 | 2:16.20 | 4:47.10 | 9:49.00 | 18:50.50 |
| 88.50 | 27.52 | 1:03.29 | 2:16.80 | 4:48.65 | 9:52.50 | 18:58.25 |

| 分值 | 50 米自 | 100 米自 | 200 米自 | 400 米自 | 800 米自 | 1500 米自 |
|-------|-------|---------|---------|---------|----------|----------|
| 88.00 | 27.63 | 1:03.55 | 2:17.40 | 4:50.20 | 9:56.00 | 19:06.00 |
| 87.50 | 27.74 | 1:03.81 | 2:18.00 | 4:51.75 | 9:59.50 | 19:13.75 |
| 87.00 | 27.85 | 1:04.07 | 2:18.60 | 4:53.30 | 10:03.00 | 19:21.50 |
| 86.50 | 27.95 | 1:04.34 | 2:19.20 | 4:54.85 | 10:06.50 | 19:29.25 |
| 86.00 | 28.06 | 1:04.60 | 2:19.80 | 4:56.40 | 10:10.00 | 19:37.00 |
| 85.50 | 28.17 | 1:04.86 | 2:20.40 | 4:57.95 | 10:13.50 | 19:44.75 |
| 85.00 | 28.28 | 1:05.12 | 2:21.00 | 4:59.50 | 10:17.00 | 19:52.50 |
| 84.50 | 28.38 | 1:05.39 | 2:21.60 | 5:01.05 | 10:20.50 | 20:00.25 |
| 84.00 | 28.49 | 1:05.65 | 2:22.20 | 5:02.60 | 10:24.00 | 20:08.00 |
| 83.50 | 28.60 | 1:05.91 | 2:22.80 | 5:04.15 | 10:27.50 | 20:15.75 |
| 83.00 | 28.71 | 1:06.17 | 2:23.40 | 5:05.70 | 10:31.00 | 20:23.50 |
| 82.50 | 28.81 | 1:06.44 | 2:24.00 | 5:07.25 | 10:34.50 | 20:31.25 |
| 82.00 | 28.92 | 1:06.70 | 2:24.60 | 5:08.80 | 10:38.00 | 20:39.00 |
| 81.50 | 29.03 | 1:06.96 | 2:25.20 | 5:10.35 | 10:41.50 | 20:46.75 |
| 81.00 | 29.14 | 1:07.22 | 2:25.80 | 5:11.90 | 10:45.00 | 20:54.50 |
| 80.50 | 29.24 | 1:07.49 | 2:26.40 | 5:13.45 | 10:48.50 | 21:02.25 |
| 80.00 | 29.35 | 1:07.75 | 2:27.00 | 5:15.00 | 10:52.00 | 21:10.00 |
| 79.50 | 29.46 | 1:08.01 | 2:27.60 | 5:16.55 | 10:55.50 | 21:17.75 |
| 79.00 | 29.57 | 1:08.27 | 2:28.20 | 5:18.10 | 10:59.00 | 21:25.50 |

表 13-4 女子仰泳、蛙泳、蝶泳、混合泳评分表(50米池)

| 分值 | 100米仰 | 200米仰 | 100米蛙 | 200米蛙 | 100米蝶 | 200米蝶 | 200米混 | 400米混 |
|--------|---------|---------|---------|---------|---------|---------|---------|---------|
| 100.00 | 1:04.30 | 2:18.30 | 1:10.75 | 2:36.60 | 1:00.50 | 2:14.20 | 2:18.40 | 4:56.80 |
| 99.50 | 1:04.54 | 2:18.86 | 1:11.11 | 2:37.32 | 1:00.88 | 2:14.74 | 2:18.98 | 4:57.86 |
| 99.00 | 1:04.77 | 2:19.42 | 1:11.48 | 2:38.04 | 1:01.25 | 2:15.28 | 2:19.56 | 4:58.92 |
| 98.50 | 1:05.01 | 2:19.98 | 1:11.84 | 2:38.76 | 1:01.63 | 2:15.82 | 2:20.14 | 4:59.98 |
| 98.00 | 1:05.24 | 2:20.54 | 1:12.20 | 2:39.48 | 1:02.00 | 2:16.36 | 2:20.72 | 5:01.04 |
| 97.50 | 1:05.48 | 2:21.10 | 1:12.56 | 2:40.20 | 1:02.38 | 2:16.90 | 2:21.30 | 5:02.10 |
| 97.00 | 1:05.71 | 2:21.66 | 1:12.92 | 2:40.92 | 1:02.75 | 2:17.44 | 2:21.88 | 5:03.16 |
| 96.50 | 1:05.95 | 2:22.22 | 1:13.29 | 2:41.64 | 1:03.13 | 2:17.98 | 2:22.46 | 5:04.22 |
| 96.00 | 1:06.18 | 2:22.78 | 1:13.65 | 2:42.36 | 1:03.50 | 2:18.52 | 2:23.04 | 5:05.28 |
| 95.50 | 1:06.42 | 2:23.34 | 1:14.01 | 2:43.08 | 1:03.88 | 2:19.06 | 2:23.62 | 5:06.34 |
| 95.00 | 1:06.65 | 2:23.90 | 1:14.37 | 2:43.80 | 1:04.25 | 2:19.60 | 2:24.20 | 5:07.40 |
| 94.50 | 1:06.89 | 2:24.46 | 1:14.74 | 2:44.52 | 1:04.63 | 2:20.14 | 2:24.78 | 5:08.46 |
| 94.00 | 1:07.12 | 2:25.02 | 1:15.10 | 2:45.24 | 1:05.00 | 2:20.68 | 2:25.36 | 5:09.52 |
| 93.50 | 1:07.36 | 2:25.58 | 1:15.46 | 2:45.96 | 1:05.38 | 2:21.22 | 2:25.94 | 5:10.58 |
| 93.00 | 1:07.59 | 2:26.14 | 1:15.82 | 2:46.68 | 1:05.75 | 2:21.76 | 2:26.52 | 5:11.64 |
| 92.50 | 1:07.83 | 2:26.70 | 1:16.19 | 2:47.40 | 1:06.13 | 2:22.30 | 2:27.10 | 5:12.70 |
| 92.00 | 1:08.06 | 2:27.26 | 1:16.55 | 2:48.12 | 1:06.50 | 2:22.84 | 2:27.68 | 5:13.76 |
| 91.50 | 1:08.30 | 2:27.82 | 1:16.91 | 2:48.84 | 1:06.88 | 2:23.38 | 2:28.26 | 5:14.82 |
| 91.00 | 1:08.53 | 2:28.38 | 1:17.27 | 2:49.56 | 1:07.25 | 2:23.92 | 2:28.84 | 5:15.88 |
| 90.50 | 1:08.77 | 2:28.94 | 1:17.64 | 2:50.28 | 1:07.63 | 2:24.46 | 2:29.42 | 5:16.94 |
| 90.00 | 1:09.00 | 2:29.50 | 1:18.00 | 2:51.00 | 1:08.00 | 2:25.00 | 2:30.00 | 5:18.00 |
| 89.50 | 1:09.30 | 2:30.09 | 1:18.28 | 2:51.55 | 1:08.30 | 2:25.74 | 2:30.70 | 5:19.58 |
| 89.00 | 1:09.60 | 2:30.68 | 1:18.55 | 2:52.10 | 1:08.60 | 2:26.47 | 2:31.40 | 5:21.15 |
| 88.50 | 1:09.90 | 2:31.26 | 1:18.83 | 2:52.65 | 1:08.90 | 2:27.21 | 2:32.10 | 5:22.73 |

| 分值 | 100 米仰 | 200 米仰 | 100 米蛙 | 200 米蛙 | 100 米蝶 | 200 米蝶 | 200 米混 | 400 米混 |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| 88.00 | 1:10.20 | 2:31.85 | 1:19.10 | 2:53.20 | 1:09.20 | 2:27.95 | 2:32.80 | 5:24.30 |
| 87.50 | 1:10.50 | 2:32.44 | 1:19.38 | 2:53.75 | 1:09.50 | 2:28.69 | 2:33.50 | 5:25.88 |
| 87.00 | 1:10.80 | 2:33.03 | 1:19.65 | 2:54.30 | 1:09.80 | 2:29.42 | 2:34.20 | 5:27.45 |
| 86.50 | 1:11.10 | 2:33.61 | 1:19.93 | 2:54.85 | 1:10.10 | 2:30.16 | 2:34.90 | 5:29.03 |
| 86.00 | 1:11.40 | 2:34.20 | 1:20.20 | 2:55.40 | 1:10.40 | 2:30.90 | 2:35.60 | 5:30.60 |
| 85.50 | 1:11.70 | 2:34.79 | 1:20.48 | 2:55.95 | 1:10.70 | 2:31.64 | 2:36.30 | 5:32.18 |
| 85.00 | 1:12.00 | 2:35.38 | 1:20.75 | 2:56.50 | 1:11.00 | 2:32.37 | 2:37.00 | 5:33.75 |
| 84.50 | 1:12.30 | 2:35.96 | 1:21.03 | 2:57.05 | 1:11.30 | 2:33.11 | 2:37.70 | 5:35.33 |
| 84.00 | 1:12.60 | 2:36.55 | 1:21.30 | 2:57.60 | 1:11.60 | 2:33.85 | 2:38.40 | 5:36.90 |
| 83.50 | 1:12.90 | 2:37.14 | 1:21.58 | 2:58.15 | 1:11.90 | 2:34.59 | 2:39.10 | 5:38.48 |
| 83.00 | 1:13.20 | 2:37.73 | 1:21.85 | 2:58.70 | 1:12.20 | 2:35.32 | 2:39.80 | 5:40.05 |
| 82.50 | 1:13.50 | 2:38.31 | 1:22.13 | 2:59.25 | 1:12.50 | 2:36.06 | 2:40.50 | 5:41.63 |
| 82.00 | 1:13.80 | 2:38.90 | 1:22.40 | 2:59.80 | 1:12.80 | 2:36.80 | 2:41.20 | 5:43.20 |
| 81.50 | 1:14.10 | 2:39.49 | 1:22.68 | 3:00.35 | 1:13.10 | 2:37.54 | 2:41.90 | 5:44.78 |
| 81.00 | 1:14.40 | 2:40.08 | 1:22.95 | 3:00.90 | 1:13.40 | 2:38.27 | 2:42.60 | 5:46.35 |
| 80.50 | 1:14.70 | 2:40.66 | 1:23.23 | 3:01.45 | 1:13.70 | 2:39.01 | 2:43.30 | 5:47.93 |
| 80.00 | 1:15.00 | 2:41.25 | 1:23.50 | 3:02.00 | 1:14.00 | 2:39.75 | 2:44.00 | 5:49.50 |
| 79.50 | 1:15.30 | 2:41.84 | 1:23.78 | 3:02.55 | 1:14.30 | 2:40.49 | 2:44.70 | 5:51.08 |
| 79.00 | 1:15.60 | 2:42.43 | 1:24.05 | 3:03.10 | 1:14.60 | 2:41.22 | 2:45.40 | 5:52.65 |